

Harvest appeal

Please donate an item or two from the list to help local people left without enough money to live on.

Shopping list

Tinned Meat / Fish

Tinned Veg / Fruit

Pasta Sauces

Coffee / Tea

Milk (UHT or powdered)

Cereals

Fruit Juice (Long-Life)

Sponge Pudding

Jam

Cereal Bars

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Our food bank:

1. Provides emergency food and practical support to local people in their hardest moments.
2. Works with local partners to get people the right help, so they're less likely to need the food bank again.
3. Is part of a UK-wide community of food banks, working together with Trussell to ensure no one needs a food bank to survive.

Launceston Foodbank
Unit 13D Newport Industrial
Estate
Launceston
PL15 8EX
01566 779550
launceston.foodbank.org.uk



Scan QR code

To find out more
about our work
and to make a
financial donation.

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